

# 2024 SOUTH BAY DOZEN



*Photo: Dorian Toledo*

## Event Information

XEROSOLAR



Kristi Seth Realtor

July 6th, 2024

Torrance Beach

*Benefitting:* The Jimmy Miller Foundation

*Presented by:* Xero Solar, Kristi Seth Real Estate, and Zinka Sunscreen

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# South Bay Dozen

## Event Information

### BACKGROUND

The South Bay Dozen is a one-day event that aims to encourage community, health, philanthropy, and fun by way of ocean racing and teamwork. The 18th annual event will be held on Saturday, July 6<sup>th</sup>, at Torrance Beach. The South Bay Dozen is recognized as a premier event in ocean racing, drawing competitors from all over California, the East Coast, and overseas. The event features elite men and women, but aims to support the development of junior athletes as well by including the United States Surf Lifesaving Association's High Performance Team and the Los Angeles County Junior Lifeguard Surf Racing Team.

### PRIZE GIVING

**12 Prizes:** To encourage fitness and growth of surf sports among competitors, tickets to the raffle are not sold, but rather earned. All participants will be awarded raffle tickets upon finishing any race. Top 10 finishers will be awarded additional raffle tickets based on their finishing position. Twelve grand prize awards (each with retail value of \$300-\$1000) will be awarded and distributed to twelve "winners" selected by lottery during the prize-giving festivities.

**Prize Money:** Cash purse will also be allotted to the event's top 5 scoring open men and open women based on overall points.

**U-19 Prizes:** Junior events points will be scored separately, and the top under 19 male and female will be announced at the after party. Junior competitors will earn raffle tickets for all open and junior events that they finish. Additionally, the top junior men and women will receive a product prize.

### JMF

The event is hosted by The Jimmy Miller Foundation and facilitated by participating sponsors. Event proceeds are donated to The Jimmy Miller Foundation. The Jimmy Miller Memorial Foundation ("JMF") is a non-profit, tax-exempt 501(c)(3) organization dedicated to the life and inspiration of Jimmy Miller. The JMF provides free of charge its unique program of Ocean Therapy to the United States Marine Corps Wounded Warrior Battalion-West, as well as the Veterans from the West LA Veterans Hospital and youth from several care and shelter facilities for abused and foster children. The JMF Ocean Therapy program for the Marines takes place year round on the beach at Camp Pendleton and the program for the Veterans and children operates on the beach at Manhattan Beach, CA, during the spring and summer months.



THE  
JIMMY MILLER  
FOUNDATION

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## Event Schedule

### South Bay Dozen | July 6th, 2024 Torrance Beach, CA

- 7:00 AM Competitor Registration Opens
- 8:00 AM Competitors Meeting
  - EVENT 1: 3-LAP DORY RACE #1\*
  - EVENT 2: SURF RACE (OPEN & UNDER 19)\*
  - EVENT 3: IRONMAN/IRONWOMAN (OPEN & UNDER 19)\*
  - EVENT 4: WATERMAN/WATERWOMAN RELAY
  - EVENT 5: RUN-BOARD-RUN-BOARD-RUN
  - EVENT 6: SURFSKI RACE (OPEN & UNDER 19)\*
  - EVENT 7: 3-LAP DORY RACE #2\*
  - EVENT 8: SPRINT PADDLEBOARD (OPEN & UNDER 19)\*
- 1:00 PM Intermission, JMF Presentation
  - EVENT 9: RUN-SWIM-RUN (OPEN & UNDER 19)\*
  - EVENT 10: SURFSKI RELAY (2 MEN, 1 WOMAN)\*\*
  - EVENT 11: BOARD RELAY (2 MEN, 1 WOMAN)\*\*
  - EVENT 12: TAPLIN RELAY (6 PERSON)\*\*
- 4:00 PM Awards and Prize Giving
  - GOOD STUFF REDONDO BEACH

*\*Race to be run in accordance with USLA and NDA competition rules.*

*\*\*Tickets only awarded for relay events, no points awarded toward total standings.*

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## Event Rules

### RACE ENTRY

The South Bay Dozen is open to all. Participants can enter the day of the event. The \$50 entry fee includes a race t-shirt and entry into all twelve races. Late registration on the day of event will result in an added fee. Competitors may register at any point in the day, up until the start of the final event. Participants can race in any races of their choosing.

### SCORING AND RAFFLE TICKETS

All race finishers will be eligible to win one of a dozen grand prizes. Previous prizes have included surfboards, wetsuits, paddles, sunglasses, and heaps of quality apparel. Following each race, competitors must take their place marker up to the scoring booth to receive their tickets and record their placing for points. All raffle tickets are signed and placed in the bin located in the scoring booth to be selected at the prize giving following the event. Participants must be present at the raffle to win. The top point scoring men and women will receive prize money. At least 3, and no more than 5 places will be awarded prize money. The following is a brief description of the ticket/points scoring system.

- |   |  |
|---|--|
| ■ 1 <sup>st</sup> Place : 12 points / 6 tickets | ■ 6 <sup>th</sup> Place: 6 points / 3 tickets  |
| ■ 2 <sup>nd</sup> Place: 10 points / 5 tickets  | ■ 7 <sup>th</sup> Place: 5 points / 2 tickets  |
| ■ 3 <sup>rd</sup> Place: 9 points / 4 tickets   | ■ 8 <sup>th</sup> Place: 4 points / 2 tickets  |
| ■ 4 <sup>th</sup> Place: 8 points / 3 tickets   | ■ 9 <sup>th</sup> Place: 3 points / 2 tickets  |
| ■ 5 <sup>th</sup> Place: 7 points / 3 tickets   | ■ 10 <sup>th</sup> Place: 2 points / 2 tickets |

\*All finishers outside of top 10 will receive 1 ticket

\*\*Relays: Top 3 teams will receive 4-3-2 tickets per person for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> place finishes, respectively. 1 ticket per person for all other relay participants.

### REGULATIONS

Competitors are expected to race fairly and to exercise exemplary sportsmanship at all times in the spirit of encouragement, positivity, and community. Event organizers reserve the right to refund entry fee and dismiss any athletes who do not adhere to these expectations. All events will be run in the listed order immediately following the 8:00 AM competitors meeting. An intermission provided by the Jimmy Miller Memorial Foundation will take place at 1:00 PM. Following the intermission the last four events will be run and concluded by 3:30 PM. All events are subject to change based upon surf conditions, competitor safety, and surrounding beach operations.

In the event of a tie in the total event score of two contestants the competitor with more event finishes will win the tie break. If a tie remains after the number of events finished are factored in, the competitor with more high place finishes will win the tie break.

A brief summary of the twelve events is included in the following section. For further detail on race rules and regulations please refer to the National Doryman Association and the USLA Lifeguard Competitions Rules.

## Event Descriptions

### EVENT 1: 3 LAP DORY RACE #1

All three lap dory races will be conducted according to standard National Doryman Association Rules. Helmets are required for all competitors. Dependent on number of competitors the field will be mixed or separate male and female races will be held.

### EVENT 2: SURF RACE

The swim race features a basic start and finish. The swim will be approximately 500 meters and will include two right shoulder turns around buoys placed roughly 200 meters off of the beach and 100 meters apart. There will be separate male and female races for both the open and under 19 divisions.

### EVENT 3: IRONMAN/IRONWOMAN

The ironman and ironwoman will feature individual athletes racing all three disciplines of paddleboard, swim, and surfski. The race order will be determined at the race meeting 8:00AM on race day. The race will follow USLA rules. There will be separate male and female races. Under 19 races will be run as separate heat at organizers discretion.

### EVENT 4: WATERMAN/WATERWOMAN RELAY

This event will consist of four laps with a beach start, beach exchanges and a beach finish. Both dorymen will row the apex course in a clockwise direction, one of the two will board paddle a short course, the other will wait to be tagged and swim a near shore swim course, both dorymen will row the final lap counterclockwise around the apex course and one doryman will exit the boat and finish on the beach. Dependent on number of competitors the field will be mixed or separate male and female races will be held.

### EVENT 5: RUN- BOARD-RUN-BOARD-RUN

This event will include 3 running legs, broken up by 2 legs on a 10'6" paddleboard. The running legs will be approximately 200, 100, and 100 meters. The paddle legs will each be approximately 200 meters. There will be separate male and female races.

### EVENT 6: SURFSKI RACE

The surfski race will be conducted according to United States Lifesaving Association rules (shallow water start, paddling around an apex course, shallow water finish). There will be separate male and female races for both the open and under 19 divisions.



*Photos: Skip Prosser*

### EVENT 7: 3 LAP DORY RACE #2

All three lap dory races will be conducted according to standard National Dorymen Association Rules. Helmets are required for all competitors. Dependent on number of competitors the field will be mixed or separate male and female races will be held.

**EVENT 8: SPRINT PADDLEBOARD**

The 10'6 sprint board race will be conducted according to USLA rules (beach start, apex course, beach finish with board in hand). There will be separate male and female races for both the open and under 19 divisions.

**EVENT 9: RUN-SWIM-RUN**

The run-swim-run event will consist of an approximately 100 m run, 200 m swim, and 100 m run into a finish chute. There will be separate male and female races. Under 19 races will be run as separate heat at organizers discretion.

**EVENT 10: SURFSKI RELAY (2 MEN, 1 WOMAN)**

3-person teams must include at least one male and one female to be eligible for tickets/points. Teams can select their order. Each member must complete one lap around the designated course using a surfski, with a short run between each leg, and either tag the next teammate above water or finish through the chute.

**EVENT 11: BOARD RELAY (2 MEN, 1 WOMAN)**

3-person teams must include at least one male and one female to be eligible for tickets. Teams can select their order. Each member must complete one lap around the designated course using a 10'6 paddleboard, with a short run between each leg and tag their next teammate on the start line, or finish through the chute.

**EVENT 12: TAPLIN RELAY**

The Taplin relay will be run in a traditional Australian style format consisting of: 6-person teams of two swimmers, two surfski paddlers, and two board paddlers. Each member must complete one lap around the designated course with a short run between each leg and tag their next teammate on the start line or finish through the chute. Order of disciplines will be determined the day of the event.



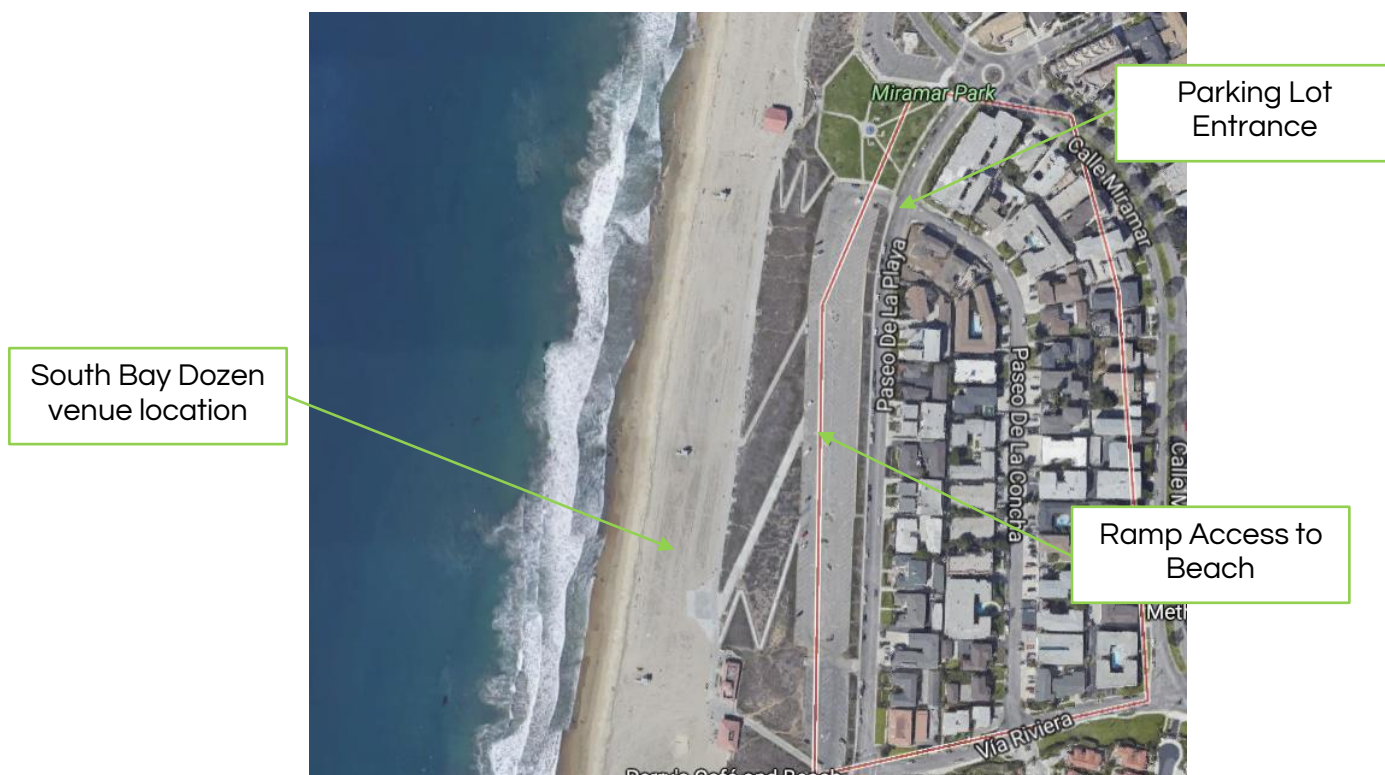
Photos: Skip Prosser | Joel Gitelson

## Event Location

The South Bay Dozen is held at Torrance Beach, CA.

Torrance Beach Parking Lot  
387 Paseo De La Playa  
Redondo Beach, CA 90277

Note: Entrance to the parking lot is north of this address. See map below.



## Parking, Loading and Unloading

Parking is offered for a small fee at the Torrance Beach parking lot.

Please note that cars are **not** allowed down beach access ramp to unload. This ramp is reserved for emergency vehicles, event vehicles, and dory loading and unloading only.